

# THE UNIVERSITY OF BRITISH COLUMBIA

School of Social Work Course Outline – SOWK 551

School Vision: Building upon a foundation of social justice and an ethic of care, we are a community of learners actively engaged in the development of critical, transformative knowledge for social work practice.

Year/Term	Fall 2016
Course Title	SOWK 551 – Health Praxis: Social Work Intensive in Settings in
	Healthcare Settings Program
Course Schedule	Thursdays, 9:00 am - 12:00 pm (Term 1)
Course Location	St. Paul's Library, Conference Level, St. Paul's Hospital

Instructor	Office Location	Office Phone	E-mail address
Dr. Harvey Bosma	St. Paul's Hospital	604-806-8068	HBosma@providencehealth.bc.ca
Teresa Robitaille	Mt. St. Joseph's	604-874-1141 78647	TRobitaille@providencehealth.bc.ca
Office Hours	By appointment		

## COURSE DESCRIPTION:

This course comprises a key component of the Social Work Intensive in Settings in Healthcare (SWISH) program. The course uses a case-based learning approach and aims to develop skills needed for effective social work in health care settings.

The course examines multi-level methods of intervention, including health promotion, disease prevention, assessment, treatment, rehabilitation, continuing care, and discharge planning. The course emphasizes the importance of the social determinants of health and incorporates readings and activities aimed at promoting competence, empowerment, and social justice among patient populations. The course will consider the impact of socio-cultural factors on health and well-being, the significance of family relationships and resources in the management of chronic and complex health conditions, and interventions that support individual and family capacity to adapt to acute health crises or chronic health conditions.

#### LEARNING OUTCOMES:

At the completion of this course, students will be able to:

- 1. Articulate theories related to health and illness.
- 2. Explain the roles of social work in current health care practices in Canada.
- 3. Explain the interplay between the social determinants of health and individual health outcomes
- 4. Articulate the links between theory, policy and social work practice in health care.

### COURSE STRUCTURE:

This course will include a combination of lecture, guest speakers, seminar, and hands-on skill-building activities. Class members are expected to attend every class, to complete required readings prior to class, and to arrive in class prepared to participate. Student participation in class discussions will be evaluated in part on the alacrity with which comments and reflections are offered. Evaluative tools are described below.

### REQUIRED READING:

There is no required text for the course. Required readings may be found online or through the UBC library website. Because the course relies extensively on the expertise of community practitioners, each guest speaker will recommend readings based on her/his presentation topic. A list of readings will be provided prior to each class session.

# ASSESSMENT, GRADING, EVALUATION:

# 1. Reflective Journals - 20%

Students will complete two 2-page reflective journals. Journals should demonstrate integration of course material and draw on class discussions, readings and presentations. The purpose of these journals is to allow students dialogical space in which to respond affectively, think critically, and metabolize the main ideas of the course.

Journals are due on Sept 22 & Oct. 6, 2016.

## 2. "Going to the Movies": Practice in Assessment Skills - 25%

For this assignment, students will select a film from a list of films provided by the coinstructors. Students will then complete a condensed bio-psychosocial assessment of a main character from the film. Guidelines will be provided in class. **Due October 20, 2016.** 

# 3. Case in Point - 20% - group presentation

Students will divide into groups. Each group will present a case study connected to the practicum experience of one or more of their group members. The 20 minute presentation will include a clinical summary, linkages between theory and practice, self-reflection connected to learning and a discussion about challenges and implications for future practice. Guidelines and evaluative criteria will be provided in class. **Groups will present on Nov. 17, 2016.** 

4. Major Paper - 35%: Students will submit a research paper on an aspect of social work practice in healthcare that particularly intrigues them. Topics may include social determinants of health/public health, social justice in healthcare, cultural safety, chronic disease, palliative and end of life care, mental health, substance use, trauma informed care, or a population-focused topic like health and cultural safety for transgender and gender variant people, Aboriginal people, or immigrant/newcomer groups. Paper limit is 2000 words. Papers are due December 8, 2016. Use APA formatting please.

# COURSE POLICIES [ATTENDANCE, PARTICIPATION, ACADEMIC DISHONESTY]:

# Excerpt from the UBC calendar:

Regular attendance is expected of students in all their classes (including lectures, laboratories, tutorials, seminars, etc.). Students who neglect their academic work and assignments may be excluded from the final examinations. Students who are unavoidably absent because of illness or disability should report to their instructors on return to classes.

The University accommodates students with disabilities who have registered with the Disability Resource Centre. The University accommodates students whose religious obligations conflict with attendance, submitting assignments, or completing scheduled tests and examinations. Please let your instructor know in advance, preferably in the first week of class, if you will require any accommodation on these grounds. Students who plan to be absent for varsity athletics, family obligations, or other similar commitments, cannot assume they will be accommodated, and should discuss their commitments with the instructor before the drop date.

It is recommended that students retain a copy of all submitted assignments (in case of loss) and should also retain all their marked assignments in case they wish to apply for a Review of Assigned Standing. Students have the right to view their marked examinations with their instructor, providing they apply to do so within a month of receiving their final grades. This review is for pedagogic purposes. The examination remains the property of the university.

#### Academic Dishonestv:

Please review the UBC Calendar "Academic regulations" for the university policy on cheating, plagiarism, and other forms of academic dishonesty. Also visit <a href="https://www.arts.ubc.ca">www.arts.ubc.ca</a> and go to the students' section for useful information on avoiding plagiarism and on correct documentation.

Students wishing to use any electronic devices including computers and recorders must have the permission of the instructor and must have the wireless capacity of the device turned off.

# COURSE SCHEDULE:

Week	Topic	Practice Activity	Assignments
1 9/08	Intro to Course  Guest Panel: Hospital Social Workers (VGH, BC Children's, PHC, SMH)	A Day in the Life of a Social Worker	
	Reading: Gregorian, C. (2005). A career in hospital social work: Do you have what it takes? Social Work in Health Care, 40, 3: 1-14.		
	Craig, S. & Muskat, B. (2013). Bouncers, brokers, and glue: The self-described roles of social workers in urban hospitals. <i>Health and Social Work</i> , 38, 1: 7-16.		
	Glaser, B. & Suter, E. (2016). Interprofessional collaboration and integration as experienced by social workers in health care, <i>Social Work in Health Care</i> , 55, 5: 395-408.		
2 9/15	Social Determinants of Health Framework  Speakers: TBD  Reading:	Public health exercise	
	Mikkonen, J. and Raphael, D. (2010). Social determinants of health: The Canadian facts. Online: http://www.thecanadianfacts.org	Video: Unnatural Causes	
	Hankivsky, O. & Christoffersen, A. (2008) Intersectionality and the determinants of health: A Canadian perspective. <i>Critical Public Health</i> , 18(3): 271- 283.		
	Smedley, B (2012). The Lived Experience of Race and Its Health Consequences. <i>American Journal of Public Health</i> , 102 (5), 933-935.		
	Bywaters, P. (2009). Tackling inequalities in health: A global challenge for social work. <i>BJSW</i> , 39, 353:367.		
	Poverty: A clinical tool for primary care in Ontario. Online: http://www.healthprovidersagainstpoverty.ca/system/files		
	Poverty%20a%20Clinical%20Tool%20with%20Refs%20 Nov%202013_0.pdf		

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	Chez Soi Final Report (Vancouver): <a href="http://www.mentalhealthcommission.ca/English/system/files/private/document/At%20Home%20Report%20Vancou">http://www.mentalhealthcommission.ca/English/system/files/private/document/At%20Home%20Report%20Vancou</a>		
	ver%20ENG.pdf		
3 9/22	Assessment Part I: Illness Experience vs. Diagnosis	Conducting Biopsychosocial Assessments	Reflective Journal #1 due
	Speakers: TBD	(Part I)	duc
	Reading: Kleinman, A. & Benson, P. (2006) Anthropology in the clinic: The problem of cultural competency and how to fix It. <i>PLoS Medicine</i> , 3(10), 1673-1676.  Kleinman, A. (2013). From illness as culture to caregiving as moral experience. <i>New England Journal of Medicine</i> , 368(15): 1376-1377.  BC Trauma Informed Practice Guide <a href="http://bccewh.bc.ca/wp-content/uploads/2012/05/2013 TIP-Guide.pdf">http://bccewh.bc.ca/wp-content/uploads/2012/05/2013 TIP-Guide.pdf</a> Richmond, K., Burnes, T., & Carroll, K. (2012). Lost in trans-lation: Interpreting systems of trauma for transgender clients, <i>Traumatology</i> 18(1), 45–57.  Machtinger, E., Cuca, Y., Khanna, N., Rose, C. & Kimberg, L. (2015). From treatment to healing: The promise of trauma-informed primary care. <i>Women's Health Issues</i> , 25(3),193–197.  Kassam-Adams, N. et al., (2015). Nurses' views and current practice of trauma-informed pediatric nursing, <i>Journal of Pediatric Nursing</i> , 30, 478–484.  Recommended  Dorazio-Migliore, M., Migliore, S., & Anderson, J. (2005). Crafting a praxis oriented culture concept in the health disciplines: Conundrums and possibilities. <i>Health</i> , 9(3): 339-360.  Tervalon, M., & Murray-Garcia, J. (1998). Cultural humility versus cultural competence: A critical distinction in defining physician training outcomes in multicultural	Asking Kleinman's questions  Trauma Informed Care  Cultural Safety	
	versus cultural competence: A critical distinction in		

4 09/29	Assessment Part II: Biopsychosocial Assessment  Speaker: Melissa Tyson and Teresa Robitaille  Reading: Handouts	Conducting Biopsychosocial Assessments (Part II) Documentation, Case Study	
5 10/06	Assessment Part III: Mental Health Assessment Mental Health Status Exam: Conducting and documenting Suicide risk assessment  Speaker: Elise Durante  Reading: Handouts from Where to Start and What to Ask and Clinical Interviewing  Other readings will be posted on Connect	Conducting Biopsychosocial Assessments (Part III) Mental Health	Reflective Journal #2 Due
6 10/13	Advance Care Planning  Speaker: Wallace Robinson  Reading: Bernacki, R. & Block, S. (2014) Communication about serious illness care goals: A review and synthesis of best practices, JAMA online Oct 20 2014  Song, J. (2007). Dying on the streets: Homeless persons' concerns and desires about end of life care, Society of General Internal Medicine, 22:435-441.  Representation Agreements (7 & 9); POA; Advance Directives, etc.  Nidus website: <a href="http://www.nidus.ca/?page_id=214">http://www.nidus.ca/?page_id=214</a>		
7 10/20	Assessment Part IV: The 3D's: Dementia, Depression, and Delirium  Speakers: Eve Lyon and Christine Schiller  Reading: O'Connor, D., Hall, M., & Donnelly, M. (2009). Assessing capacity within a context of abuse or neglect. Journal of Elder Abuse & Neglect, 21: 156-169.	Collaborative Case Studies	Psychosocial assessment paper due

	Recognizing Delirium, Depression, and Dementia: <a href="http://rgp.toronto.on.ca/torontobestpractice/ThreeDcomparison.pdf">http://rgp.toronto.on.ca/torontobestpractice/ThreeDcomparison.pdf</a>		
8 10/27	Adult Guardianship and Mental Health Act Speakers: Julia Peirce and Dmytro Khabarov		
	Reading: React Adult Protection Program <a href="http://www.vchreact.ca/">http://www.vchreact.ca/</a>		
	Public Trustee of B.C. <a href="http://www.trustee.bc.ca/Pages/default.aspx">http://www.trustee.bc.ca/Pages/default.aspx</a>		
	B. C. Centre for Elder Advocacy and Support <a href="http://bcceas.ca/">http://bcceas.ca/</a>		
	B.C. Community Response Network <a href="http://www.bccrns.ca/generated/homepage.php">http://www.bccrns.ca/generated/homepage.php</a>		
9 11/03	Child & Adolescent Health Speaker: TBD	Collaborative Case Studies	
	Reading:		
10 11/10	Substance Use	Assessment activity	
	Speakers: Kohen Elander and Jaclyn Sauer		
	<b>Reading:</b> Littrell, J. (2011). How addiction happens, how change happens, and what social workers need to know to be effective facilitators of change. <i>Journal of Evidence-based Social Work</i> , 8:469-486.		
11 11/17	Case in Point Group presentations	Group Presentations	Case in Point Presentations
12 11/24	End of Life	Collaborative Case Studies	
	Speaker: Tammy Dyson and Harvey Bosma		
	Reading:		
	http://www.centerforloss.com/companioning-philosophy/		

13 12/01	Last class – party and wrap up	Evaluation	
12/08	Major Paper		Major paper due

## **RECOMMENDED SUPPLEMENTARY READINGS:**

Chandrakant, P. (2003). *Public Health and Preventive Medicine in Canada, 5<sup>th</sup> Edition.* Canada: Saunders.

Donahoe, M., Ed. (2013). Public health and social justice. San Francisco: Jossey-Bass.

Egan, M. and Kadushin, G. (2007). *Social work practice in community-based health care.* Binghampton, NY: The Haworth Press.

Fierlbeck, K. (2011). *Health care in Canada: A citizen's guide to policy and politics*. Toronto: University of Toronto Scholarly Publishing Division.

Fort Cowles, L. A. (2003). Social work in the health field: a care perspective. Second edition. Binghampton, NY: The Haworth Press.

Gehlert, S. and Browne T. A. (Eds). (2012). *Handbook of health social work. Second edition.* Hoboken, NJ: John Wiley & Sons.

Heinonen, T. and Metteri, A. (Eds.) (2005). *Social work in health and mental health: Issues, developments, and actions.* Toronto: Canadian Scholars' Press.

Hillman, J. L. (2002). *Crisis intervention and trauma: New approaches to evidence-based practice*. NY: Kluwer Academic/Plenum Publishers.

Raphael, D. (2010). About Canada: Health and illness. Halifax: Fernwood Publishers.

Rootman, I., Dupéré, S., Pederson, A., & O'Neill, M. (Eds.), *Health promotion in Canada (3rd ed.*). Toronto, ON: Canadian Scholars' Press, Inc.

Rhodes, R., Battin, M., & Silvers, A. (Eds.) (2012). *Medicine and social justice: Essays on the distribution of healthcare*. New York: Oxford.

Ruger, J. (2010). *Health and social justice*. New York: Oxford.

Social Work Section of the American Public Health Association (2013). *Handbook for public health social work*. New York: Springer.

Sommers-Flanagan, J. and Sommers-Flanagan, R. (2014). *Clinical interviewing. Fifth edition*. Hoboken, NJ: John Wiley & Sons.

Spitzer, D. (Ed.) (2011). *Engendering migrant health: Canadian perspectives*. Toronto: University of Toronto Press Scholarly Publishing Division

Taket, A. (2012). Health equity, social justice, and human rights. New York: Routledge.

#### **USEFUL WEBSITES:**

#### **Federal Government:**

Human Resources and Skills Development Canada (HRSDC):

http://www.hrsdc.gc.ca/eng/home.shtml\_and http://www.socialunion.gc.ca/menu\_e.html

#### **BC Government Websites:**

Search Engine: <a href="http://www.bcconnects.gov.bc.ca/">http://www.bcconnects.gov.bc.ca/</a>

Statistics: http://www.bcstats.gov.bc.ca/

Government's main site: <a href="http://www.gov.bc.ca/">http://www.gov.bc.ca/</a>

MCFD: <a href="http://www.gov.bc.ca/mcf/">http://www.gov.bc.ca/mcf/</a>

Aboriginal Reconciliation and Relationshttp://www.gov.bc.ca/arr/index.html

Housing and Social Developmenthttp://www.gov.bc.ca/hsd/index.html

Health: http://www.gov.bc.ca/healthservices/

Community Living British Columbiahttp://www.communitylivingbc.ca/

Evidence Network.ca: http://umanitoba.ca/outreach/evidencenetwork/archives/8941

#### ASSIGNMENTS:

## Submitting Assignments-

Students can use the drop box located in the main office on the reception counter to submit their assignments or any correspondence to faculty, sessionals or staff. Items will be date-stamped and distributed to the appropriate mailbox throughout the day.

#### Return of marked student assignments-

Instructors coordinate the return of marked assignments. The options are as follows: a) the instructor returns the paper to students in class; b) if the paper has been submitted electronically, the instructor will mark it on-line (with track changes) and return to the student on-line; c) the instructor returns the paper to the student by snail mail (the student provides a self-stamped, addressed envelope to the instructor). Marked papers not returned by any of the options above will be held by the instructor. Marked papers will no longer be put in a box outside the instructor's office or at the main office counter.

# GRADING CRITERIA:

Letter	Percent	Mid-	
Grade	Range	Point	
A+	90-100	95	Represents work of exceptional quality. Content, organization and style are all at a high level. Student demonstrates excellent research and reference to literature where appropriate. Also, student uses sound critical thinking, has innovative ideas on the subject and shows personal engagement with the topic.
A	85-89	87	
A-	80-84	82	
B+	76-79	77.5	Represents work of good quality with no major weaknesses. Writing is clear and explicit and topic coverage and comprehension is more than adequate. Shows some degree of critical thinking and personal involvement in the work. Good use of existing knowledge on the subject.
B	72-75	83.5	
B-	68-71	69.5	
C+	64-67	65.5	Adequate and average work. Shows fair comprehension of the subject, but has some weaknesses in content, style and/or organization of the paper. Minimal critical awareness or personal involvement in the work. Adequate use of literature.
C	60-63	62.5	
C-	55-59	57	
D	50-54	52	Minimally adequate work, barely at a passing level. Serious flaws in content, organization and/or style. Poor comprehension of the subject, and minimal involvement in the paper. Poor use of research and existing literature.
F	0-49		Failing work. Inadequate for successful completion of the course or submitted beyond final date of acceptance for paper.