

Curriculum Vitae

Mohamed Ibrahim, PhD, MSW, RN

EDUCATION

PhD in Health Sciences 2012-2018	Simon Fraser University Faculty of Health Sciences
Doctoral Clinical Addiction Fellowship 2016-2017	BC Center for Substance Use
Certificate in Global Mental Health 2011	Harvard University –Program of Refugee Trauma and Recovery
Master of Social Work. 2007-2009	Washington University in St. Louis
Higher Diploma in Mental Health Nursing 2005-2006	Kenya Medical Training College
Registered Nursing 2003-2004	Kenya Medical Training College
Enrolled Community Health Nursing 1994-1997	Kenya Medical Training College

Academic Positions

Assistant Professor—The University of British Columbia School of Social Work-Jan/2018-present

- Teaching undergraduate and graduate level courses
- Research focus on mental health and substance use among new immigrants and refugees

Instructor-- Kwantlen Polytechnic University --May/2015-2018

- Teaching the undergraduate programs of; Bachelors of Nursing (Post-Baccalaureate), Regular BSN and Bachelors of Psychiatric Nursing.

Instructor---Douglas College, Faculty of Health Sciences --06/2014 to-12/2015.

Field Instructor--University of British Columbia School of Social Work May/2012 to Sept/2014.

- Provide mentorship for social work students from UBC School of Social Work at community mental health clinical sites.
- Helping students navigate the array of health, mental health and social services available to clients
- Supervising students in clinical sites, providing feedback and arrange for other educational opportunities within the health care system as appropriate

- Help students in making the connection between theoretical knowledge base and real life situations through theory-to-practice integration.
- Been a role model as a mental health clinician and advocate for social justice
- Engage in continuing education and research in order to keep up with changes within the social and health services

Principal Tutor--SOS International's School of Nursing-Mogadishu, Somalia. 2006 –2007.

- Facilitating capacity building courses for SOS hospital staffs
- Curriculum Development for the School of Nursing
- Liaising with W.H.O and NGO's in Somalia on health issues

Clinical Positions

Clinical Experience—Canada

**Vancouver Coastal Health-Assertive Community Treatment (ACT)-May 2013—to-Present
Position--Mental Health and Addiction Clinician—Part-time**

- Working with the newly established ACT Teams 1 & 2 for Vancouver, North Shore and Richmond Cities
- Providing outreach clinical services to clients with chronic and persistent mental health, addiction, complex health needs and homelessness.
- advocating for clients with legal and forensic issues
- Educate client on substance abuse and infectious diseases risk reduction as appropriate
- Liaising and working with Vancouver Police Departments in addressing the complex needs of clients and mitigating forensic involvements.
- Mentoring Nursing and Social Work Students during their practicum and preceptorships.

Vancouver Coastal Health—Refugee Bridge Clinic. Feb-Sept/2014.

Position: Special Project for refugee transition and settlement.

- Provide initial primary health screening and assessment for newly arrived Government Assisted Refugees from all over the world to British Columbia, Canada.
- Supporting health literacy for new Canadians and refugees on Canadian and British Columbia health care system
- Provide immunizations to both adults and children from countries and refugee camps with no consistent immunization programs
- Work collaboratively with physicians, BC Centre for Disease Control, Health Canada to provide treatments and follow up for individuals and families new to Canada.
- Transition individuals and families to primary health care providers in their communities.

Vancouver Coastal Health-Vancouver Gen Hospital—Willow Pavilion-June 2012-to-April-2013

Position--Mental Health Nurse- Part-Time-Tertiary Mental Health

- Providing specialized clinical services at the Regional Referral Tertiary facility for Intensive Assessment and Rehabilitation secured unit at 3rd and 4th floor of Willow Pavilion
- Interdisciplinary care for clients with chronic and refractory mental illness
- Crisis intervention and non-violent de-escalation of clients experiencing stressors and ensuring safety for client, co-clients and staffs
- Medication administration, monitoring and education.
- Co-facilitating of group therapy for clients on the units.
- Providing float duties to Geri-Psych and long term psychiatric units at Willow Pavilion.

Vancouver Coastal Health--South Vancouver Mental Health and Addiction Team

Position—Mental Health Clinician-Full Time. March 2010--to—June, 2012

- Working with mental health consumers living with chronic mental illness and substance use.
- Providing intensive case management, crisis intervention and clinical outreach services
- Coordination of health care provided to clients in the community
- Medication administration, monitoring and education
- Identify, screen, assess, and engage clients for substance abuse and mental health treatment.
- Educate client on substance abuse, HIV/AIDS risk reduction as appropriate.
- Educate client about diagnosis, medication, signs/symptoms and positive coping skills.
- Mentoring Nursing and Social Work students during their clinical practicum rotation at the South Mental Health Team.
- Facilitating Soccer group for clients with severe and persistent mental illness

Clinical Experience—USA

Community Alternatives Inc. St Louis, Missouri, USA. June 14 2008 –to- March 2010

Position: Psychiatric Nurse Specialist –Full –Time-Assertive Community Treatment Services.

- Working with the Assertive Community Treatment (ACT) team that works with clients living with persistent and chronic mental illness and substance use
- Helping clients to live an independent life as much as possible
- Carry out medical functions including basic health and medical assessment and education
- Coordination of health care provided to clients in the community
- Providing of case management and medication administration/management.
- Identify, screen, assess, and engage clients for substance abuse and mental health treatment.
- Educate client on substance abuse, HIV/AIDS risk reduction as appropriate.
- Educate client about diagnosis, medication, signs and symptoms and positive coping skills.

St Louis Metropolitan Psychiatric Center, Missouri, USA. 120 Bed State Psychiatric Hospital.

Position: RN Charge Nurse - July 1st –to-Dec 2009 as Causal staff.

- Assigns, supervises and evaluates the work of subordinate professional and paraprofessional nursing staff in the care and treatment of clients in the ward.
- Serves as a nursing team leader responsible for defining and implementing the nursing care plan for assigned clients and for supervision of nursing team members.
- Conducts nursing assessments and develops nursing diagnoses and care plans.
- Participates in developing individualized treatment plans as a member of an interdisciplinary treatment team.
- Gives medications and treatments as per treatment plan

Clinical Experience-Kenya

Ministry of Health, Kenya: Nov 1997 –Dec 2006: Wajir District Hospital and Health Centers

Position: Community Health Nurse

Responsibilities:

- Nursing care of in-patient and out patients (Wajir District Hospital).
- Worked in rural health facilities as a public health nurse

- Health Education and immunizations.
- Provide Antenatal and Postnatal care and follow up.
- Conducting of deliveries and care of newborns.
- Counseling patients for both pre and post testing of HIV and Testing
- Peer teaching and Counseling on Behavior Change, HIV and Substance Abuse

Administrative Positions Held

- **Position: Principal Tutor School of Nursing- Dec 2006 –April 2007.**
SOS International's School of Nursing-Mogadishu, Somalia.
- **Divisional Coordinator, Wajir Kenya--**Polio and Measles Eradication Campaign-1998-2005
- **Outreach Mental Health Coordinator—07/2010-04/2012**
Vancouver Coastal Health-South Mental Health Team
- **Nursing Officer in Charge—**Bute District Hospital-Wajir County-Kenya

Participation in Academic Accreditation

- SoS Herman Gmeiner School of Nursing—Mogadishu—The Nursing Program is supported by the World Health Organization due to the collapse of the Somali government and the accreditation is done by WHO-03/2007—04/2007
- KPU Faculty of Health curriculum development committee

Training in teaching

- Instructional Skills Workshop-a 3-day intensive teaching and lesson planning workshop at Simon Fraser University in 08/2014
- Field Instructor Workshop at University of British Columbia School of Social Work in 05/2013

Other Trainings Attended

- Training on TB treatment.
- Motivational Interviewing (MI)
- Assertive Community Treatment (ACT)
- Dialectical Behavior Therapy (DBT)
- Voluntary counseling and testing(VCT) of HIV
- Prevention of Mother to Child Transmission (PMTCT) of HIV
- Cross-Cultural Mental Health

Publications-Peer-Reviewed Journals.

- **Ibrahim, M, & Morrow, M (2015).** Weaning off colonial psychiatry in Kenya. *Journal in Ethics of Mental Health*. Open Volume 1:1-6
- **Ibrahim, M (2014).** Mental health in Kenya: Not yet Uhuru. *Disability and the Global South*, Vol.1, No. 2, 393-400.
- **Ibrahim, M & Al Kusayer, N (2016).** Imam's role in providing psychosocial support to traumatized Muslim refugees and immigrants in Vancouver, Canada. *African Journal of Traumatic Stress*. Vol 5-1:22-36

Peer-Reviewed Book Chapters

- **Ibrahim, M.** (2017) Mental Health in Africa: Human rights approaches to decolonization. In Morrow, M & Malcoe, LH (Eds.). *Critical Inquiries: Theories and Methodologies for Social Justice in Mental Health*. University of Toronto Press. Toronto.
- Van Veen, C, **Ibrahim, M** & Morrow, M (in press). Dangerous discourses : masculinity, coercion and psychiatry. In Kilty, J & Del, E (Eds.). *Containing madness : gender and 'psy' in institutional Contexts*. Palgrave Macmillan.

Peer-Reviewed Abstracts

- Ibrahim, M & Al Kusayer, N (2015). Imam's role in providing psychosocial support to Muslim refugees and immigrants in Vancouver, Canada. The 8th Pan-African PCAF Psychotrauma Conference 2015, Nairobi, Kenya.
- Ibrahim, M (2014). The legacy of colonial psychiatry: the problems with global mental health. *Critical inquiries: interrogate, celebrate and mobilize*. May, 2014.
- Ibrahim, M (2011). Mental Health Practices Among Somalis-presented at Karolinska Institute, Stockholm, Sweden. May, 2011.

Scholarships and Awards.

- St. Paul Hospital Goldcorp Addiction Medicine Fellowship—07/2016-06/2017
- Graduate Fellowship for Doctoral Studies -for 2012-2016-SFU Faculty of Health Sciences.
- Doctoral Research Fellowship--Center for the Study of Gender, Social Inequities and Mental Health (CGSM) at Simon Fraser University
- Research and Travel Grant -to attend 17th annual mental health nurses conference in Kenya.
- Clara H Burton Scholarship -Brown School of Social Work-Washington University
- General Scholarship --Washington University in St Louis
- Washington/Tata Institute Winter Scholarship- Field and coursework in Mumbai and Tamil Nadu India Dec/2008—Jan/2009—Field and Course work as part of MSW to study mental health and its relationship with conflict, poverty and marginalization—lectures and fieldwork to State Hospitals, Private Facilities, Non-Governmental Organizations and Traditional Healers in conjunction with Tata Institute of Social Science in Mumbai and The Banyan Agency in Chennai.
- Swedish Council for Working Life and Social Research Grant--Grant for Presenting at the International Network Summer School in the Field of Migration, Social Medicine and Global Mental Health at Karolinska Institute, Stockholm, Sweden. In May 23rd -25th 2011.

Conferences and Presentations.

- Association of Medical Education and Research on Substance Abuse (AMERSA)—Washington, DC—Nov 2nd -5th, 2016
- Facilitating a workshop on addiction and mental health among Muslim clients at the 2nd Annual Symposium on Mental Health and Addiction In the Muslim Community in Vancouver on 19/03/2016
- Presented Imam's role in providing psychosocial support to Muslim refugees and immigrants in Vancouver, Canada at the 8th Pan African PCAF Psycho-trauma Conference, Nairobi, Kenya on 13th July 2015.

- Presented at Critical Inquiries Conference-Center for Study of Gender, Social Inequities and Mental Health, Vancouver on 16 & 17th/05/2014
- Attended the 17th Mental Health Nurses of Kenya Scientific Conference in Kakamega, Kenya on 23-26th/04/2014
- Keynote Speaker—Mental Health Awareness for BC Muslims and Fundraising Dinner for VGH Psychiatric Facility at Burnaby Mosque. on 14/09/2013
- Presented Culture and Mental Health from East African Perspective at West Coast Mental Health Network, Vancouver on 28/03/2013
- Presented Mental Health Educational Workshop for BC Muslims at Burnaby Mosque on 14/03/2013
- Attended the Critical Inquiries: Engaging Theories and Methodologies for Researching Social Inequities in Mental Health at SFU, May 9th and 10th 2013
- Presented Mental Health Practices Among Somalis at International Network Summer School in the Field of Migration, Social Medicine and Global Mental Health at Karolinska Institute, Stockholm, Sweden on May 23rd –25th 2011
- Presented Cross Cultural Mental Health Workshop for Vancouver Community Mental Health staffs on May-2011 at VCH Raven Song Health Center
- Presented ‘Mental Health and its relationship with Conflict, Poverty and Marginalization’ at the Tata Institute of Social Science in Mumbai, India in Jan,2009

SERVICE and Volunteer Work

- Practice Lead, Youth program-a Muslim mental health and addiction program of Muslim Food Bank and Community Services in Metro Vancouver, Canada.
- Member of the Muslim Advisory Committee to the Ministry of Children and Family Development-Government of British Columbia, Canada
- Founder of a community based organization in Northern Kenya addressing mental health advocacy, policy and practice in Wajir County, Kenya.

UNHCR/International Organization for Migration (IOM): Refugee camps in Kenya and Uganda: Oct/Nov 2004

- Worked with UNHCR and IOM during resettlement exercise for UNHCR in Nakivale refugee camp Uganda for Refugees verification.
- Worked with UNHCR and IOM at Kakuma refugee camp, Kenya for refugee resettlement verification exercise

UNHCR/MSF -January 2001--Seconded by the Ministry of Health to work with Medicine Sans Frontiers - Belgium, in **Dadaab Refugee Camp** as a Reproductive Health Nurse.

Responsibilities:

- Teaching/Training of Traditional Birth Attendants, Community Health Workers and Auxiliary Nurses from the Refugee community
- Ante-natal and postnatal care.
- Providing of family planning services
- Working with Gender and Sexual Based Violence Victims and Survivors.